### **ELECTROCARDIOGRAPHY**

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#### I. <u>Name/Date</u>

Always check to make sure this is the right ECG performed at the right time. It is helpful to know what the patient's symptoms were at the time the ECG was done. Never trust the computer's reading of the ECG (but it's pretty good for intervals, axis, etc.)

#### II. <u>Rate</u>

Popular method: 300 / RR What if RR is variable?

More accurate method: QRS x 6 Assuming ECG runs at 25 mm/sec (standard)

#### III. <u>Rhythm</u>

#### Usually ...

Rhythm	P waves	R-R	QRS width	Rate	
Normal sinus	Normal	Regular	Narrow	60-100	
Atrial	Abnormal	Irregular/regular	Narrow	60-100	
Junctional	Negative/No/Late	Regular	Narrow	40-60	
Ventricular	Dissociated	Regular	Wide	30-40	

But there are many exceptions, including:

Sinus arrhythmia: PP interval varies by > 10% or > 0.16 s

Sinus bradycardia: HR < 60. Causes: vagal tone, IMI, drugs, hypothyroidism, hypothermia, hyperkalemia, sick sinus syndrome, increased intracranial pressure, PE, obstructive jaundice

Sinus tachycardia: HR > 100. Causes: pain, caffeine, sympathetic tone, anxiety, pheochromocytoma, hypotension, volume depletion, lots of others

Wandering atrial pacemaker: HR 60-100 and  $\geq$  3 P morphologies. Variable PP and PR.

**Multifocal atrial tachycardia**: HR > 100 and  $\ge 3$  P morphologies. Variable PP and PR.

Causes: pulmonary disease (COPD, PE, edema, pneumonia), aminophylline, hypoxia, MI, CHF, sepsis

Paroxysmal atrial tachycardia: HR 160-220, usually due to 1 focus

**Atrial flutter**: AR 240-350, inverted F waves in II/III/aVF without isoelectric baseline, small positive F waves in V1 usually with isoelectric baseline, AV block (2:1, 4:1) often present

Atrial fibrillation: P > 350/s, fibrillation most visible in II/III/aVF/V1/V2, irregularly irregular RR

**Causes of fib/flutter (PHART)**: pulmonary (PE, COPD), pheochromocytoma, hypertension, hypoxia, alcohol, acute MI, ASD, rheumatic/mitral valve disease, thyrotoxicosis

**Junctional tachycardia** may be due to junctional focus, AV nodal reentrant tachycardia, or AV reentrant tachycardia (including WPW and concealed bypass tracts)

Causes: digitalis (often with atrial flutter and complete heart block), IMI, myocarditis, congenital

Accelerated idioventricular rhythm: HR 40-100. Not always associated with poor prognosis (unlike VT).

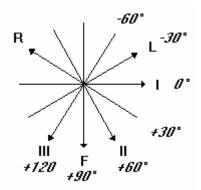
Causes: myocardial ischemia, reperfusion, digitalis, normal

**Ventricular tachycardia**: HR > 100, AV dissociation + capture/fusion, concordance, LAD Causes: myocardial disease, hypo/hyperkalemia, hypoxia, acidemia, drugs, MV prolapsed

#### IV. Axis

P axis: normal 0 to 75 RAE  $\geq$  70 QRS axis: normal -30 to 105

rmal -30 to 105		
Axis	Lead I	Lead II
Normal	+	+
Left	+	-
Right	-	+
Indetermined	-	-



Causes of LAD: LAFB, IMI, LBBB, LVH, primum ASD, COPD, hyperkalemia Causes of RAD: RVH, COPD, PE, LPFB, lateral MI, secundum ASD, dextrocardia, lead reversal

V. P <u>Wave</u>

Think of the P wave as a summation wave of RA and LA depolarization. Remember, the SA node depolarizes the RA first. **RAE** > 2.5 mm tall in II, III, and aVF ("P-pulmonale"), or > 1.5 mm tall in V1 or V2

Causes: COPD, pulmonary HTN, PE, congenital, or normal variant (thin)

**LAE** Terminal negative  $P \ge 1$  mm deep and  $\ge 0.04$  s wide in V1, or

 $P \ge 0.12$  s wide and notched in II, III, or aVF ("P mitrale")

Causes: mitral/aortic valve disease, MI, LVH, heart failure

Interatrial block (P > 110 msec) may increase the risk of embolic stroke. Am J Card 2005;95:667-8

#### VI. PR Segment Normal 0.12-0.20 s

**First degree AV block**: PR  $\geq$  0.20 s, PR constant, and P:QRS 1:1 Causes: high vagal tone (athletes), drugs, normal, congenital heart disease, myocarditis

**Second degree AV block, Type I (Wenckebach)** = progressive lengthening of PR interval and shortening of RR interval until a P wave fails to conduct. RR interval with non-conducted P is shorter than 2 PP intervals. Produces grouped beating and block usually occurs at the AV node level (i.e. narrow QRS). Causes: normal (athletes), inferior MI, drugs, myocarditis

**Second degree AV block, Type II** = constant PR but intermittent non-conducted P wave. RR interval with nonconducted P is equal to 2 PP intervals. Block usually occurs below the AV node (wide QRS in 80%). Causes: almost always due to myocardial damage or fibrosis, anterior MI

**Third degree AV block** = independent atrial and ventricular rhythms. Complete heart block is present when atrial rate > ventricular rate, whereas AV dissociation is present if ventricular rate > atrial rate. Causes: MI, degenerative conduction defect (Lev's/Lenegre's), infiltration (sarcoid, amyloid), digitalis, endocarditis (usually preceded by prolonged PR), severe hyperkalemia, Lyme disease

#### Short PR

Causes: accelerated AVC, pre-excitation with delta wave due to accessory tract (WPW)

PR depression may be pathological (e.g. pericarditis) especially if > 0.8 mm depression

#### VII. **QRS Segment**

<u>UKS Segment</u>		
<b>Q</b> waves (any in V1-V3 or $> 0.03$ s in I, II, aVL,	aVF, V4-V6)	
Anterolateral	V4-V6	
Anterior	V2-V4	
Anteroseptal	V1-V3/4	
Lateral	I, aVL	
Inferior	II, III, aVF	

#### LVH voltage criteria – any of the following:

R aVL + S V3(Cornell criteria, most accurate)	> 28  mm (males) or 20 mm (females)
R V5/V6 + S V1	> 35 mm if age > 40 (>40 if age 30-40)
R V1-6 + S V1-6	>45 mm
R V5	> 26 mm
R V6	> 20 mm
R I + S II	<u>&gt;</u> 26 mm
RI	<u>&gt;14 mm</u>
S aVR	<u>&gt;15 mm</u>
R aVL (specific unless LAFB present)	<u>&gt;12 mm</u>
R aVF	<u>&gt;21 mm</u>

Sensitivity decreased by low voltage (COPD, PTX, effusion, obesity), CAD, sarcoidosis, RVH, LBBB Specificity decreased by high voltage (thin body, left mastectomy), LBBB, WPW, LAFB

**RVH voltage criteria** (less reliable) –  $RAD > 110^{\circ}$  and any of the following:

R/S ratio in V1 or V3R	>1
R/S ratio in V5 or V6	<u>&lt; 1</u>
R V1	<u>&gt;</u> 7 mm
R V1 + S V5-6	> 10.5 mm
rSR' V1 present with R' being qR present in V1	> 10 mm

**QRS width**: normal is < 0.10 s.

Bundle branch block.

Look at the latter half of QRS in V1 and I/V5/V6 for morphology. Incomplete if QRS 0.10-0.119 s. Complete if QRS  $\geq 0.12$  s.

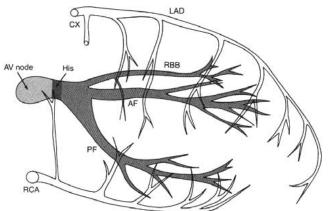
	LBBB	<u>RBBB</u>
QRS morphology in V1	rS or QS (negative)	rSR' (positive)
QRS morphology in I/V5/V6	Broad monophasic R (positive)	Wide, slurred S (negative)
Interferes with diagnosis of LVH/MI?	Yes	No
Causes	MI, LVH, degenerative conduction defect, congenital heart disease	pulmonary disease, normal, HTN, myocarditis, cardiomyopathy

Fascicular block: typically associated with normal to slightly long QRS width (< 0.12 s)

	LAFB	<u>LPFB</u>
Axis	-45 to -90	100 to 180
I, aVL	qR	S
II, III, aVF	R or rS	Q
Exclude other causes of abnormal axis	LAD: LVH, IMI, COPD, LBBB, primum ASD, severe hyperkalemia	RAD: RVH, COPD, PE, IMI, WPW, dextrocardia, lead reversal
Other features	Increases voltage in I, aVL. PRWP is common Can mask presence of IMI.	Most common cause is CAD. If LPFB develops in acute MI, it suggests multivessel disease with poor prognosis

If 0.10-0.12 s without LVH, LBBB, or RBBB morphology, interventricular conduction delay (IVCD) is present. Incidentally discovered BBB is associated with higher mortality (10% over 20 years). Mayo Clin Proc 2005;80:1585 Features of AV Conduction Disturbances Complicating AMI (Wellens JJ, Conover MB 1992)

	Inferior MI	Anterior MI	
Site of block	AV node	Bundle branches	
Artery involved	RCA	LAD	
Escape rhythm	Narrow QRS	Wide QRS	
	Rate 40-60 bpm	Rate $< 40$ bpm	
	Dependable	Undependable	
Duration of block	Transient	Transient	
Increase in hospital mortality c/w same infarction location w/o block	2 <sup>1</sup> / <sub>2</sub> times	4 times	



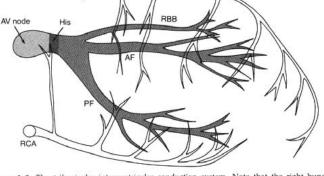


Figure 1–9. The trifascicular intraventricular conduction system. Note that the right bundle branch (RBB) and the superior division of the left bundle branch (AF) are both anterior structures and therefore are vulnerable in anteroseptal myocardial infarction. The posterior division of the left bundle branch (PF) is broad and supplied by both the left anterior descending (LAD) and the right coronary artery (RCA).

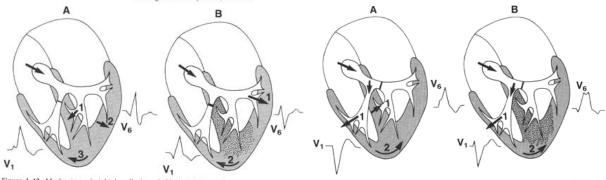
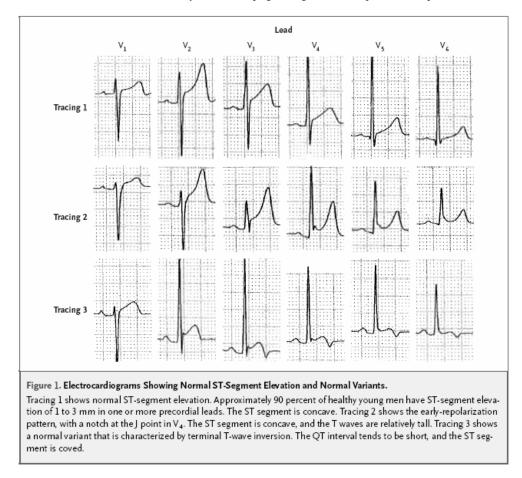


Figure 1–12. Mechanism of right bundle branch block. (A) Note that the right ventricle is activated last and without any opposing forces, resulting in the late R' in lead V<sub>1</sub> and the S wave in lead V<sub>2</sub>. In anteroseptal infarction (B) a QR pattern develops in lead V<sub>1</sub>. Loss of anterior wall tissue causes an R/S pattern in lead V<sub>4</sub>.

Figure 1–15. Mechanism of left bundle branch block. (A) Ventricular activation goes from right to left to produce a negative QRS complex in lead V, and a positive complex in lead V<sub>w</sub>. In anteroseptal infarction (B) early unopposed right ventricular activation produces the initial R in lead V, and a Q in lead V<sub>w</sub>.

#### VIII. <u>ST Segment (NEJM 2003; 349:2128)</u>

**Normal** < 0.5 mm below or 1 mm above baseline in limb leads Early repolarization pattern: upwardly concave ST elevation (usually V2-5, sometimes II/III/aVF), notched/slurred at end of R, symmetrical upright (large) T, no reciprocal ST depression, ST < 25% T in V6



**ST depression**  $\geq$  0.5 mm, flat or downsloping is more concerning than upsloping Consider posterior MI if V1 or V2 shows ST depression  $\geq$  2 mm and R  $\geq$  0.04 s or R  $\geq$  S. Check V4R.

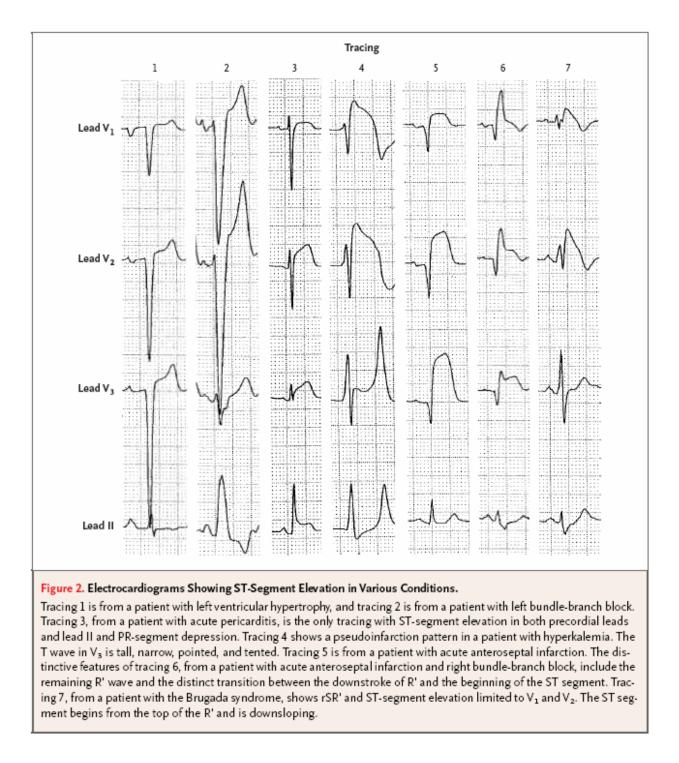
**ST elevation**  $\geq 2 \text{ mm in V1-3 or} \geq 1 \text{ mm in other leads, usually upwardly convex}$ 

Differential includes acute MI, pericarditis, ventricular aneurysm, LVH, myocarditis, hyperkalemia, BBB, CNS disease, Brugada syndrome, normal variant ( $\leq 3$  mm in V1-3), or early repolarization.

In STEMI, degree of ST elevation and resolution correlate well with outcome. Circ 2004;110:e506-10

ST elevations localize, ST depressions do not.

Location	Leads	Vessels
Anterior	V2-V4	LAD
Anteroseptal	V1-V4	LAD
Anterolateral	I, aVL, V1, V6	LAD, Diagonal
Inferior	II, III, aVF	RCA, LCX
Lateral	I, aVL, V5-V6	LCX, Diagonal
Posterior	V1-V3 (tall R)	RCA, LCX
RV	V4R	RCA



 IX. <u>T Wave</u> Normal Upright I, II, V3-6 Inverted aVR, V1 Tall T waves Acute MI, hyperkalemia, LVH, anemia, CNS disorder, or normal Ischemic T waves Biphasic T in V1-4 without symptoms suggests proximal LAD lesion Deep symmetrically inverted T in V1-6 suggests LAD lesion (Wellens)
X. OTC (= OT divided by the square root of RR)

Normal QTC = 0.30 to 0.44 (in general, less than ½ between RR interval) Long QT: hypocalcemia, hypomagnesemia, hypothermia, drugs, CVA, hypothyroidism, bradycardia Hypocalcemia causes prolonged ST segment with normal T Short QT: hypercalcemia, hyperkalemia, digitalis, acidosis, hyperthyroidism, hyperthermia

XI. <u>Wide Complex Tachycardia</u>

First, look at the rhythm. Is it regular? If regular.

<u>V1</u>	Favors VT	Favors SVT
Positive	V1 mono/biphasic	V1 triphasic (rSR')
	V6 deep S ( $R/S$ ratio < 1)	V6 triphasic (qRS), $R/S > 1$
Negative	V1-2 R > 0.03 sec	V1-2 R narrow
_	V1-2 downstroke notched	V1-2 downstroke quick, smooth
	V1-2 S nadir > 0.06 sec	V1-2 S nadir <u>&lt; 0.06 sec</u>
	V6 any Q wave	V6 no Q wave

Other things that favor VT:

 $QRS \ge 0.14$  sec (especially in V1-positive tachycardia) Abnormal axis (especially -90 to -180) AV dissociation Capture/fusion beats (conducted sinus impulse resulting in a narrower QRS beat) Concordant precordial pattern (especially negative concordance in V1-6)

qR/qS in V6

XII. <u>Miscellaneous Stuff</u>

Reversal of leads Left arm and right arm

Mimics dextrocardia in limb leads (inverted P-QRS-T in I and aVL) Leads II and III transposed Leads aVR and aVL transposed Left arm and left leg Leads I and II transposed Leads aVF and aVL transposed Lead III inverted Right arm and left leg Leads I, II, and III inverted Leads aVR and aVF transposed Tremor artifacts Physiologic tremor (e.g. shivering) = 500 per minute

Parkinson's tremor = 300 per minute

#### **References**

O'Keefe JH, Hammill SC, Freed MS, Pogwizd SM. The complete guide to ECGs, 2<sup>nd</sup> ed. (Physicians' Press: Royal Oak, MI 2002)

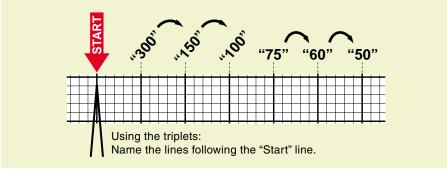
Surawicz B, Knilans TK. Chou's electrocardiography in clinical practice, 5<sup>th</sup> ed. (Saunders: Philadelphia, PA 2001)

Wang K et al. ST-segment elevation in conditions other than acute myocardial infarction. NEJM 2003; 349:2128

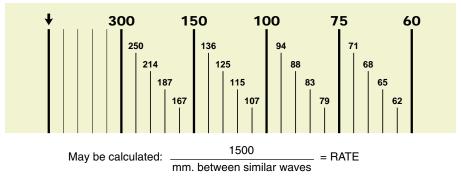
Wellens JJ, Conover MB. The ECG in emergency decision making (W.B. Saunders 1992)

## Rate

#### **Determine Rate by Observation**



#### Fine division/rate association: reference



#### Bradycardia (slow rates)

- Cycles/6 second strip X 10 = Rate
- When there are 10 large squares between similar waves, the rate is 30/minute.

#### Sinus Rhythm: origin is the SA Node ("Sinus Node"), normal sinus rate is 60 to 100/minute.

- Rate more than 100/min. = Sinus Tachycardia
- Rate less than 60/min. = Sinus Bradycardia

#### Determine any co-existing, independent (atrial/ventricular) rates:

• Dissociated Rhythms:

A Sinus Rhythm (or atrial rhythms) may co-exist with an independent rhythm from an automaticity focus of a lower level. Determine rate of each.

#### **Irregular Rhythms:**

• With Irregular Rhythms (such as Atrial Fibrillation) always note the general (average) ventricular rate (QRS's per 6-sec. strip X 10) or take the patient's pulse.

## Rhythm

#### ★ Identify basic rhythm...

...then scan entire tracing for pauses, premature beats, irregularity, and abnormal waves.

#### ★ Always:

- Check for: P before each QRS. QRS after each P.
- Check: PR intervals (for AV Blocks). QRS interval (for BBB).
- Has QRS vector shifted outside normal range? (to rule out Hemiblock).

### **Irregular Rhythms**

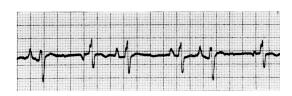
#### Sinus Arrhythmia

Irregular rhythm that varies with respiration. All P waves are identical. Considered normal.



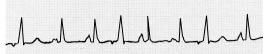
#### Wandering Pacemaker

Irregular rhythm. P waves change shape as pacemaker location varies. Rate under 100/minute...



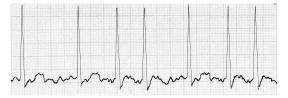
...but if the rate exceeds 100/minute, then it is called

Multifocal Atrial Tachycardia

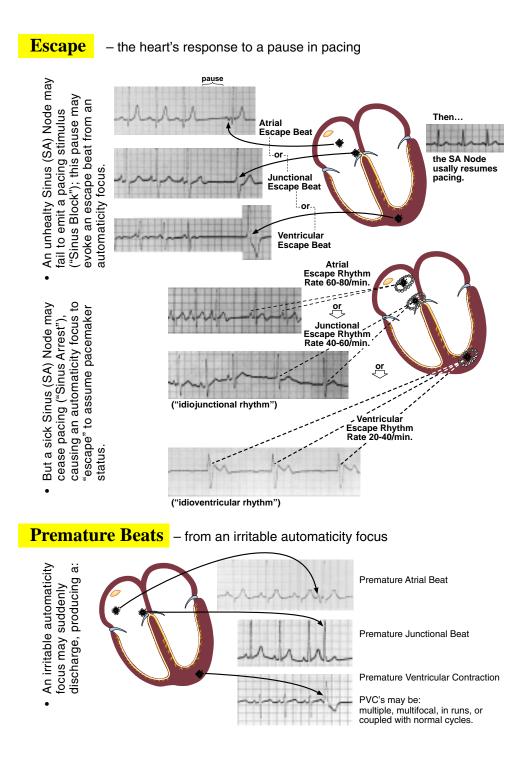


#### **Atrial Fibrillation**

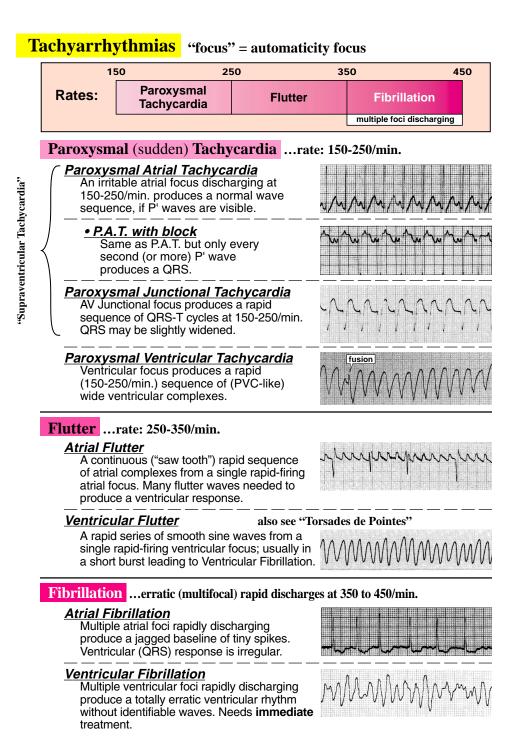
Irregular ventricular rhythm. Erratic atrial spikes (no P waves) from multiple atrial automaticity foci. Atrial discharges may be difficult to see.



## Rhythm



## Rhythm continued)



# Rhythm: ("heart") blocks

## **Sinus (SA) Block**

An unhealthy Sinus (SA) Node misses one or more cycles (sinus pause)...

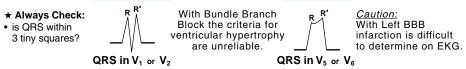
pause	the Sinus Node usually resumes pacing, but the pause may evoke an "escape" response
	from an automaticity focus.

### **AV Block**

\* Always Check:

Blocks that delay or prevent atrial impulses from reaching the ventricles.

		, I		0		
QRS?	1° AV Bloc					
/ a QF			al is prolonged to grea c (one large square).	iter 🌙	- Andrew	
ed be	2° AV Bloc	<b>k</b> some P	waves without QRS res	sponse		
ave follow	Wenckebach	cycle until	y lengthens with each the last P wave in the s not produce a QRS	e v	han	
is every P wave followed by a	Mobitzsome	response.	on't produce a QRS If "intermittent," an I QRS is droped.	ά <b>γ</b> γ	v. v. vp. vp	
5.			nced Mobitz block may 3:1 (AV) pattern or even atio	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	mannah	
large squa	2:1 AV Block	PŘ length a	itz or Wenckebach. and QRS width or euvers help differentiate			
one	3° ("comple	ete″) AV E	Block no P wave pro	oduces a QRS	response	
PR intervals less than one large square?	3° Block:	QRS's—if ventricular	-SA Node origin. narrow, and if the rate is 40 to 60 per min. is a Junctional focus.	مــــــــــــــــــــــــــــــــــــ	n fritr	
PR inte	3° Block:	QRS's—if ventricular	-SA Node origin. PVC-like, and if the rate is 20 to 40 per min. is a Ventricular focus.	.,	- Allowed	
B	Bundle Branch Block find R,R' in right or left chest leads					
		ight BBB	, .g	Left BBB		
*/	Always Check:	R <sup>R'</sup>	With Bundle Branch	R <sup>R</sup>	<u>Caution:</u>	



Hemiblock ... block of Anterior or Posterior fascicle of the Left Bundle Branch.

\* Always Check: · has Axis shifted outside Normal range?

Anterior Hemiblock Axis shifts Leftward  $\rightarrow$  L.A.D. look for Q<sub>1</sub>S<sub>3</sub>

#### Posterior Hemiblock Axis shifts Rightward $\rightarrow$ R.A.D.

look for S<sub>1</sub>Q<sub>3</sub>

## Infarction

### Q wave = **Necrosis** (significant Q's only)

- Significant Q wave is one millimeter (one small square) wide, which is .04 sec. in duration... ... or is a Q wave 1/3 the amplitude (or more) of the QRS complex.
- Note those leads (omit AVR) where significant Q's are present ... see next page to determine infarct location, and to identify the coronary vessel involved.
- Old infarcts: significant Q waves (like infarct damage) remain for a lifetime. To determine if an infarct is acute, see below.

### ST (segment) elevation = (acute) **Injury** (also Depression)

- Signifies an acute process, ST segment returns to baseline with time.
- ST elevation associated with significant Q waves indicates an acute (or recent) infarct.
- A tiny "non-Q wave infarction" appears as significant ST segment elevation without associated Q's. Locate by identifying leads in which ST elevation occurs (next page).
- ST depression (persistent) may represent "subendocardial infarction," which involves a small, shallow area just beneath the endocardium lining the left ventricle. This is also a variety of "non-Q wave infarction." Locate in the same manner as for infarction location (next page).

### T wave inversion = **Ischemia**

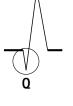
- Inverted T wave (of ischemia) is symmetrical (left half and right half are mirror images). Normally T wave is upright when QRS is upright, and vice versa.
- Usually in the same leads that demonstrate signs of acute infarction (Q waves and ST elevation).

inversion • Isola

Т

• Isolated (non-infarction) ischemia may also be located; note those leads where T wave inversion occurs, then identify which coronary vessel is narrowed (next page).

NOTE: Always obtain patient's previous EKG's for comparison!

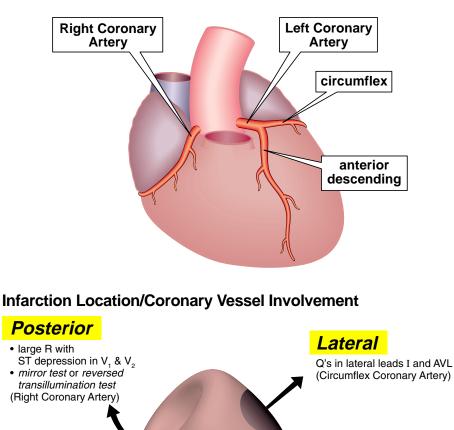




elevation

## Infarction Location — and — Coronary Vessel Involvement

### **Coronary Artery Anatomy**





(diaphragmatic) Q's in inferior leads II, III, and AVF (R. or L. Coronary Artery) Anterior

Q's in V<sub>1</sub>, V<sub>2</sub>, V<sub>3</sub>, and V<sub>4</sub> (Anterior Descending Coronary Artery)

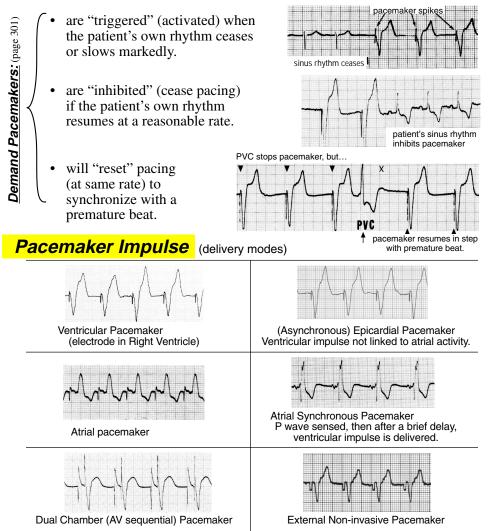
## Miscellaneous

### **Pulmonary Embolism**

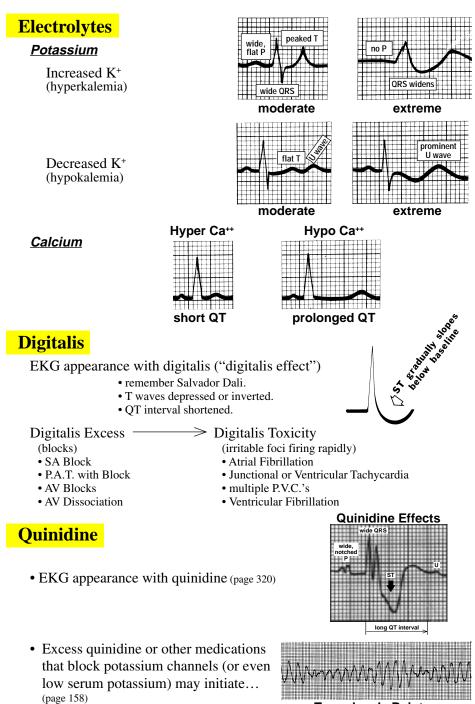
- $S_1Q_3L_3$  wide S in I, large Q and inverted T in III.
- acute Right BBB (transient, often incomplete)
- R.A.D. and clockwise rotation
- inverted T waves  $V_1 \rightarrow V_4$  and ST depression in II.

### Artificial Pacemakers

Modern artificial pacemakers have sensing capabilities and also provide a regular pacing stimulus. This electrical stimulus records on EKG as a tiny vertical spike that appears just before the "captured" cardiac response.



## Miscellaneous continued



**Torsades de Pointes**